

Registration Form

Optimum Perinatal Health (OPH) Pelvic Health Physiotherapy Mentorship Program

Delivery Format:

- In-Person Theory and Practical Skills Component 7 - 4 hours lecture and lab sessions
- Literature Review for Current Evidence Informed Care (via Zoom) 6 - 1 hours sessions
- Case Study Review (via Zoom) 6 - 1 hour sessions

Dates of 2024 In-Clinic Mentorship: (Fridays 9am - 1:15pm) April 5th, May 3rd, June 7th, September 13th, October 18th, November 15th, December 13th

Note: *Vaginal and rectal exams will be demonstrated and practiced. Participants will practice on each other and should come prepared to be both clinician and patient for internal and external sessions.*

Dates of Zoom Sessions for Literature Review for Current Evidence Informed Care: Dates to be determined based on group availability. These sessions will be scheduled on a mutually agreed upon weeknight between each In-Clinic session (from 8pm - 9pm)

Dates of Zoom Sessions for Case Study Review: Dates to be determined based on group availability. These sessions will be scheduled on a mutually agreed upon weeknight between each In-Clinic session (from 8pm - 9pm)

Investment: \$2250 to be paid in full by March 22nd.
Installments can also be arranged if needed.

Please note that should the minimum number of registrants (4) required to run the program not be reached, please be aware that there will be a delay in the scheduled start dates.

Name:

College of Physiotherapists of Alberta Registration Number:

Previous Pelvic Health Physiotherapy Courses Taken and Year Taken:

Are you Authorized by the College of Physiotherapists of Alberta to Perform The Restricted Activity of Pelvic Health Internal Examinations?

Billing Address:

E-mail:

Phone:

Preferred Form of Payment (Credit Card, Etransfer, Cheque):

Please e-mail this registration form to directors@optimumperinatal.com to finalize registration and indicate payment preference